



ROCHESTER ROWING CLUB

SPRING 2017

Rowing Offers

VARSIITY LETTERS

Earn a letter from your high school in one of the most challenging sports

COLLEGE SCHOLARSHIPS

There are more scholarships for women's rowing than any other sport

INTERNATIONAL COMPETITION

Rowers from Rochester have competed and won all over the US, Canada and even the Royal English Henley Regatta in England

FRIENDSHIP AND FUN

The friendships you make while rowing will last the rest of your life

GREAT CROSS TRAINING

Rowing gives you a COMPLETE body work out

March 13 – May 23

Silver Lake Boathouse

HIGH SCHOOL

Mon - Fri 3:45 – 6:00p Sat 8:30 – 11:00a
Y Quad Cities Scrimmage | April 29 | Moline, IL
Indianapolis Junior Sprints | May 5 -6 | Indianapolis, IN
\$875

MIDDLE SCHOOL

Mon – Thur 5:30 -7:00p
Y Quad Cities Scrimmage | April 29 | Moline, IL
\$425

PAYMENT PLANS

Full payment at registration or
50% at registration | 50% by April 20
Price includes training* & regatta fees (transportation, hotel, food)

* New members pay a \$100 Annual Equipment Fee
Scholarships are available. Contact Coach Little
RRC is a non-profit, tax exempt organization.

REGISTRATION BEGINS MARCH 1: rrcmn.org

?’S: Coach Bryan Little | rrcmn.coachlittle@gmail.com | 937.478.0412